



# Hawk's Eye

Weekly News from Hope Elementary School

[hes.fivetowns.net](http://hes.fivetowns.net)

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## Upcoming Events for Your Calendar

**Feb. 15<sup>th</sup> – 19<sup>th</sup>: No school (February vacation)**

Feb. 22<sup>nd</sup> – March 5<sup>th</sup>: HES Canned Food Drive

March 8<sup>th</sup> – HES School Committee meeting (6PM – Zoom)

March 19<sup>th</sup> - End of 2<sup>nd</sup> trimester

April 1<sup>st</sup> – Early Release @ 11:30AM Parent/Teacher conferences

April 12<sup>th</sup> – HES School Committee meeting (6PM – Zoom)

April 16<sup>th</sup> – Early Release @ 11:30AM for staff & students

**April 19<sup>th</sup> – 23<sup>rd</sup>: No school (April vacation)**

May 10<sup>th</sup> – HES School Committee meeting (6PM - Zoom)

**May 31 – No school (Memorial Day)**

*“All great  
achievements  
require time.”*

*~Maya Angelou*

Enjoy some fresh air  
and sunshine during  
the break week!



## Pre-K

Pre-K students enjoy some early morning fresh powder as they snowshoe across the school fields. This is a great gross motor activity for all ages and starting children early builds healthy lifelong habits. Pre-K wishes everyone a Happy Valentine's Day and vacation.



**Middle School got outside for some snowshoeing fun this week too!**





**Second Grade**

Second graders had the opportunity to learn about glass art and to make colorful magnets. Their classmate, Violet, brought in materials and explained the technique of creating glass art. She shared pictures of her kiln and told how a kiln is used. A big thank you to Violet and her family!



## Travel Notice from our Superintendent's Office:

February 10, 2021

Dear staff and families,

Each year many families use school vacation weeks opportunities for travel, but at this time such travel brings with it additional risks for contracting and transmitting COVID-19, according to the United States Center for Disease Control and Prevention (US CDC). It is critically important that our school communities continue to do everything we can in order to keep our schools safe, open, and able to provide in-person instruction.

The US CDC has issued strong guidance to the American people to continue to limit our interactions and travel at this time.

We encourage our staff and families to know the risks and the requirements for travel, and to communicate with our school leaders if you are travelling so that our schools can continue to operate safely.

In accordance with Maine travel guidelines, any staff or students who travel within the US to any state other than New Hampshire or Vermont (no restrictions as of 2/08/21 for these two states only), they will be required to either:

1. Complete a 10-day quarantine upon arrival in Maine and continue to monitor for signs and symptoms for an additional 4 days OR
2. Obtain and receive a negative COVID-19 antigen or molecular (PCR, NAAT, or isothermal) test result within 72 hours prior to arrival back into Maine to forgo the 10-day quarantine.
  - a. Travelers may be tested upon arrival in Maine as well but must quarantine while they wait for test results. A negative COVID-19 antigen or molecular (PCR, NAAT, or isothermal) test result will allow the traveler to leave quarantine early.

CDC has also provided guidance as it relates to international travel. The current risk assessment level for COVID-19 is at 4, or VERY HIGH, for nearly every country. You can review the risk levels by country, [here](#).

At this time, all air passengers coming to the United States, including U.S. citizens, are **required** to have a negative COVID-19 test result or documentation of recovery from COVID-19 before boarding a flight back to in the United States. See [Frequently Asked Questions](#) about this requirement for more information.

Upon return to the United States, staff and students must quarantine. International travelers can return to school after they:

1. Get tested 3-5 days after travel, and receive a negative test result **AND** stay home and self-quarantine for 7 days after travel.
2. Do not get tested and stay home for 10 days after travel.
3. Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.

Please continue to follow best practice safety protocols: wear a mask, keep physical distance, wash your hands and monitor for symptoms, and help protect our schools and neighbors.

Please help us support our community! Bring in items to donate until March 5<sup>th</sup>. Thank you!!



Art night

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### HES Menu

February 22<sup>nd</sup> - 26<sup>th</sup>

MEALS ARE FREE FOR ALL STUDENTS

**Monday (2/22):** Parfait (Breakfast)

• Quesadilla with Fajita Rice (Lunch)

**Tuesday (2/23):** Muffins (Breakfast)

• Ham & Cheese Sandwich (Lunch)

**Wednesday (2/24):** Ham, Egg & Cheese Sandwich (Breakfast)

• Beef & Vegetable Soup with Noodles (Lunch)

**Thursday (2/25):** Smoothies (Breakfast)

• BBQ Pulled Pork Sandwich (Lunch)

**Friday (2/26):** Cereal (Breakfast)

• Tuna Salad Sandwich (Lunch)

Lunch options include a choice of salad, bagel or sandwich of the day. Milk (regular or chocolate) or orange juice are available with all meals.